## HEAHURST REVIEW

#### **GrandParents' & GrandFriends' Day**



#### **SHOWCASE 2025**

Another successful Showcase! Thank you to all the performers and stage crew who made this event so great!

The biggest Thanks goes to Wyatt and Claire for producing the show!











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#### **ELBOW LAKE**

Our junior grades recently spent an afternoon at the Elbow Lake Environmental Education Centre, engaging in hands-on learning about biodiversity, ecology, and conservation. They participated in field-based activities that encouraged scientific investigation and fostered a deeper appreciation for our natural environment.











## STUDENTS VS TEACHERS & PARENTS HOCKEY GAME

The inaugural student vs. parents and teachers hockey game was a thrilling nail-biter! With spirited competition and impressive hockey skills on display, the parents and teachers narrowly clinched the win. The energy on the ice and in the stands was electric—it's clear this is the start of a new Leahurst tradition. The rematch is already on the books, and we can't wait!















#### **GRADE 9 CLIMBING**

The Grade 9 students took on an exciting challenge at The Boiler Room Climbing Gym climbing walls and tackling bouldering problems. Rock climbing is fun, but is also builds strength and sharpens problem-solving skills.













#### **TRACK & FIELD MEET**









#### **OTTAWA**

Congratulations to all the Athletes!

Grade 5/6 Boys 100m Dash Nicholas (16th overall)

Grade 5/6 Boys Shot Put Nicholas (8th overall)

Grade 7/8 Girls 100m Dash Amora (11th overall)

Grade 7/8 Girls Long Jump Brynn (11th overall)

Grade 7/8 Boys 100m Dash Gabriel (6th overall) Joshua Y (8th overall)

Grade 7/8 Boys Shot Put Joshua Y (5th overall)

Grade 7/8 Boy - 100 m relay Gabe, Reuben, Joshua, Pavlos (5th overall)

> Grade 9/10 Girls Shot Put Quinn (2nd overall)

Grade 9/10 Boys 400 m Dash David (4th overall)

Grade 9/10 Boys 800 m Dash David (4th overall)

Grade 9/10 Boys 1500m Noah (4th overall) Grade 9/10 Boys Shot Put Aiden (8th overall)

Grade 11/12 Girls Shot Put Alex H (3rd overall)

Grade 11/12 Girls 100 m Dash Alex T (2nd overall)

Grade 11/12 Girls- 100 m relay Alex T, Alex H, Avery, and Isabel (3rd overall)

Grade 11/12 Boys 100 m Dash Hunter (5th overall)

Grade 11/12 Boys 200 m Dash Kayden (2nd overall)

Grade 11/12 Boys 400 m Dash Bode (5th overall)

Grade 11/12 Boys 1500 m Hunter (1st overall)

Grade 11/12 Boys Shot Put Billy (4th overall)

Grade 11/12 Boys 800 m Hunter (1st overall) Graydon (2nd overall) Cameron (3rd overall)

Grade 11/12 Boys Long jump Kayden (1st overall) Bode (3rd overall) Cameron (6th overall)

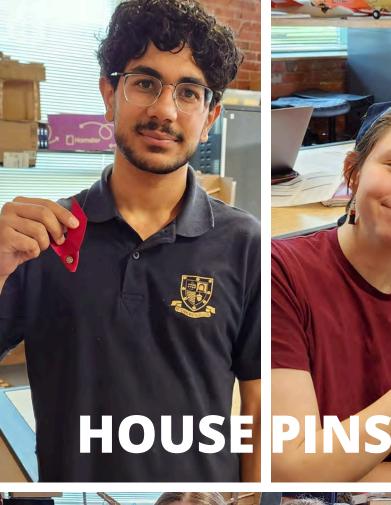
Grade 11/12 Boys - 100 m relay Hunter Kayden, Billy, Bode (3rd overall)

















Since the onset of COVID-19, the timing of our traditional House Pin ceremony at Leahurst College has experienced some disruptions. Typically, new students receive their House Pins on the first Friday back at school following Camp Oconto. To ensure that our Grade 12 students didn't miss out on this meaningful tradition, Ms. Turcke and Mr. Mercer organized a special, unscheduled, and informal ceremony to present them with their House Pins.

These pins, symbolizing the four houses—Flow, Sentience, Creativity, and Potential—are to be worn proudly on their blazers, serving as a constant reminder of their house affiliation and the values it represents throughout their time at Leahurst.









#### BEST OF SCIENCE FAIR

#### **Bronze**



As a Best of Fair Bronze winner, Ani has earned an all-expenses-paid trip to represent the region at the Canada-Wide Science Fair (CWSF), the national competition for young scientists in Canada

FLASF is an annual event open to students in grades 5 through 12 from Kingston, Frontenac County, and Lennox & Addington County. It provides a platform for students to showcase their talents in science, engineering, and technology. Each year, approximately \$20,000 in prizes, including cash awards, summer camps, books, internships, and travel awards to the CWSF, are distributed to the winning students.

The 2025 Canada-Wide Science Fair (CWSF) will be held at the University of New Brunswick's Richard J. Currie Center in Fredericton, New Brunswick, from May 31 to June 7, 2025. This national event brings together nearly 400 student finalists from across Canada to showcase their innovative STEM projects and compete for more than \$1.3 million in awards, scholarships, and prizes

Good Luck (Ani!



#### **RED SHIRT DAY**

May 28th was Red Shirt Day. Students and faculty wore red shirts in support of National AccessAbility week. The week aims to celebrate the valuable contributions and leadership of persons with disabilities in Canada.













#### STUDENT ACHIEVMENTS



#### SOCCER

Alex Tanzola (Grade 11) has had an exciting few months, with notable milestones in her athletic pursuits. In March, she travelled to the United Kingdom to participate in high-level training sessions, led by International soccer coaches from such renowned clubs as Liverpool, Everton and Wrexham.

Back in Canada, Alex earned national recognition, ranking #97 among
Canadian soccer players in the 2026
graduation class. Alex now looks forward to her upcoming season with her team, the U17 OPDL Girls at Kingston United Soccer Club.

Applications of the company of the company of the U17 OPDL Girls at Kingston United Soccer Club.





### STUDENT ACHIEVMENTS BEETLEJUICE JUNIOR The Musical





Congratulations to Emma on a great performance at Delia Deetz. Great to see her whole family in the audience!

We are excited to honor Emma, one of our remarkable Grade 12 students, who recently took the spotlight as Delia Deetz in \*Beetlejuice Junior\* with Bottle Tree Productions.

Emma's performance was truly enchanting, as she brought Delia's character to life with both charm and precision. The cast completed a total of ten performances!

To add to the excitement, Ms. Benson's son also demonstrated his talents in the same production!



#### **BABY CHICKS**

On May 13, the first of our baby chicks began to hatch. Now, just over a week later, we have 17 fluffy new additions! The students have embraced their roles as caretakers, ensuring the chicks are well-fed, warm, and loved. Leading the charge is Alex H., affectionately dubbed our "mother hen" for her dedication and nurturing spirit. This hands-on experience has not only taught our students about the life cycle of chickens but also instilled a sense of responsibility and empathy as they care for these young animals.











#### LEAHURST

#### COLLEGE

We cordially invite families and friends to our





Please join us in honouring Grades 6-12 Student Achievements, Grade 8 Graduates & the Grade 12 Class of 2025



SUNDAY, JUNE 22 | 1 PM - 4 PM ISABEL BADER CENTRE | 390 KING ST W. KINGSTON ON

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We're excited to announce that our recent silent auction raised over \$3,000 for the Leahurst Charitable Foundation! This success was made possible by the generosity of our donors and the dedication of our fundraising team.

A heartfelt thank you to our donors for their generous contributions. We encourage everyone to support these businesses—check them out and see what they have to offer!

Special thanks to our fundraising team—Jessica, Tory, Jen, and Kristin—for their hard work and commitment. To Ani, who ran the event, and to all the parents and students who baked such delicious goodies—thank you!

It's not too late to donate. Click here to contribute any amount and receive an automatic tax receipt.

Click on the logos to learn more











ESTATES LAW

#### FALLOW GOULD GOULD

PLANNING . ADMINISTRATION . LITIGATION

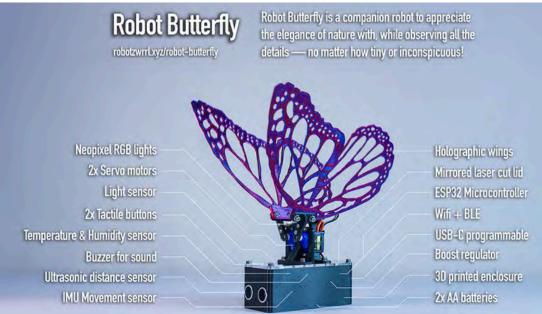
Kingston Boxing Club Coach MacPhail

#### **COMMUNITY NOTES**

You may have noticed that we have added a **Community Notes**, section in our newsletter in the past few issues. These pages are dedicated to sharing arts events, camps, sports, speakers, and other activities that may be of interest our community. If you have an event, program, or initiative you'd like to share, please send it our way—we'd love to feature it in our upcoming issues!







With the Robot Butterfly kit, you'll create a charming companion that flaps its wings and sparkles in response to its sensors. The kit includes motors, sensors, a circuit board, and a 3D printed enclosure. You'll solder through-hole components onto the circuit board, assemble the enclosure with fasteners, and attach the wings.

Click here for more information or to purchase







The Summer of Science is a free afternoon enrichment program for high school and middle school students (including students graduating this June). The program will primarily be for students in the greater Kingston area who can attend in person at Queen's University. Over 12 afternoon sessions, this program focuses on physics and the process of doing science. There is some flexibility if a student needs to miss a session or two. The Summer of Science program is led by undergraduates and joined by scientists at the McDonald Institute and the C2MCI. Participating students explore through hands-on activities a variety of content and practices that are part of the every-day job of the astronomers, particle physicists, chemists, geologists, and engineers at the two institutes. This program's goal is to focus on the tools of the trade that are at the heart of actually doing science.



A positive relationship with food is important for both mental and physical health.

As a parent or caregiver, you decide which foods are served and when. Encourage your child to listen to their body's hunger and fullness signals by letting them decide how much to eat.

Tips to help your child develop a positive relationship with food:

- Create a pressure-free eating environment by introducing new foods alongside familiar ones.
- Be mindful of how you talk about food. Avoid using terms like: cheat day, bad food, good food and reward. These words can create judgement around food.
- Instead, call foods by their names or describe them by commenting on their colour, texture, or flavour.

kflaph.ca/HealthyEating



# Night at the Opera: Fast Approaching NIGHT AT OPERA SONGS OF ROMANCE AND DRAMA THE SPIRE

with the Kingston Symphony

#### Cue the drama!

Cantabile Choirs and the Kingston Symphony are ready to raise the curtain on a thrilling evening of operatic favourites. This concert promises unforgettable moments of love, betrayal, and triumph.

Get swept away by the soaring melodies of La Traviata, the thunderous Anvil Chorus from Il Trovatore, the triumphant majesty of Nabucco, and the playful patter of HMS Pinafore—all brought to life by over 150 voices, exquisite soloists, and a full symphony orchestra.

Click here for more information