# HEAHURST REVIEW







# **TERRY FOX RUN**

CONGRATULATIONS to all who participated in the Terry Fox Run! You are an inspiration! Your support for this event has been incredible and so far we have raised \$1745.00!!

A special mention to the top running students from each grade below. It should be noted that many of the top distances for the 30 minute run were junior students!

#### Top results per grade:

Grade 5 - Sara - 4 laps
Grade 6 - Xavier - 6 laps
Grade 7 - Kjell - 7 laps
Grade 8 - Saki & Angus - 7 laps
Grade 9 - Chloe - 5 laps
Grade 10 - Abigail & Jada - 7 laps
Grade 11 - Ben - 7 laps
Grade 12 - Lucas - 6.5 laps











One of our Leahurst parents, Sommar Brown, shared her dad's story of Terry Fox.

Thank you for sharing.

#### 1980

My friend Garth Walker and I had recently ridden a bike ride loop from Kingston up to Mont Tremblant hills then down to Montreal, where he saw more info about Terry at the Four Seasons Hotel which was supporting his run.

On the ride back to Kingston he came up with the idea for riding from Toronto to Ottawa in under 24 hours to meet Terry and team when they arrived, and the plan was on. It evolved into 4-6 weeks of campaigning to help him in raising funds for cancer research. We drove anywhere a newspaper or radio show would speak to us. We signed up all the friends and family we could, and later total strangers helped out.

My friend Garth was really great at publicity. We plastered one of our Brown's vans with Terry posters and used it as our support vehicle driven by some close pals. Brothers Paul and Phillip were a huge support as was Garth's family and his brother Richard. We may have been the riders; but it was the strength and support of our communities and families that kept us going. To cut the story short; we departed to much fanfare from Nathan Phillips Square, rode through the night and arrived at Sparks Street Mall in about 22 hours.

Garth and I attended a reception and dinner with Terry and his main supporters. The next morning about 3 AM we joined Terry to run with him on his daily marathon. Remember we were 30 or so and extremely fit then. I recall we had a pancake breakfast with Terry at some stop along the way. His artificial knee joint was sticking, and we gave him our WD-40 to loosen it up. We also gave him a special cream lubricant for the end of his leg that a Queen's prof gave us. It helped protect the skin from all the pounding he took each day.

The whole involvement in this and particularly meeting Terry and seeing how people responded to him was a profound and wonderful experience that has stayed with me ever since. It struck me that we often spend much of our lives competing and trying to be number one. Here was a young man who in a sense was losing a bit of his life each day and yet was big enough, gracious enough to strive to make things better for everyone else rather than be better than everyone else. To me that seems to be the most important foundation upon which all of our schooling and our life-long learning should rest. That's the real test.

That's what Terry Fox meant and still means to me. Grandpaxxoxo





Iring 25 to Wear pink and support the Ontario Cancer Society

BRING IN NATS AND SCARVES TO DONATE TO THE CANCER
WINE & WEAR PINK

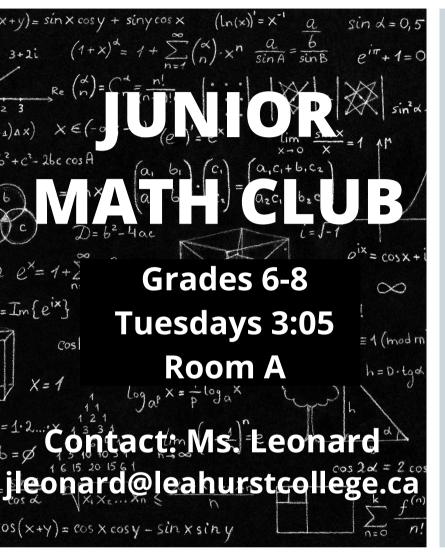
We will donate all profits to the Ontario Cancer Society







# **CLUBS AND SPORTS**



# MATH HELP

WE HAVE SENIOR STUDENTS
WHO HAVE VOLUNTEERED TO
TUTOR AFTER SCHOOL. THEY
CAN HELP YOU WITH YOUR
HOMEWORK, CHECK YOUR
WORK AND CORRECT MISTAKES
AND EVEN HELP YOU GET
ORGANIZED. IF THIS SOUNDS
LIKE SOMETHING THAT WOULD
BE HELPFUL FOR YOU, PLEASE
LET ME KNOW! I'D LOVE TO
CONNECT YOU WITH ONE OF
OUR AWESOME TUTORS.
MS. LEONARD

JLEONARD@LEAHURSTCOLLEGE.CA

**What: Junior Readers' Club** 

Where: Room A

Who: Grades 5 & 6

When: Tuesdays - Day 2

Mr. Mercer will be hosting the first Junior Readers' Club on Day 2 Tuesdays. This club will be open to Grades 5 and 6 students who are keen to share what they are reading, their likes and dislikes about the book, and, when relevant, what they think of the film version.

(You will watch the odd clip too.)

Mr. Mercer looks forward to seeing our keen readers on Tuesday. Remember to bring your book!



# **CLUBS AND SPORTS**



What: Rubik's Cube Club

Where: WWC

Who: Anyone interested

When: Lunchtime on

Wednesdays

#### **Contact:**

Ms. Yang | cyang@leahurstcollege.ca Ms. Leonard | jleonard@leahurstcollege.ca

What: Yearbook Club
Where: WWA and Zoom

Who: Anyone interested

(Grades 9-12)

When: Every other Wednesday

Contact: Ms. Eadie

feadie@leahurstcollege.ca



# Foreign Languages & Culture Club Hello! Chi Hab) Hello! Chi Hab) Hello! Chi Hab Chi Ha

## **Running Club**

Tuesday and Thursday after school.

Meet in the West Wing.

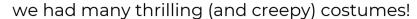
Contact Ms. Brown or Ms. Rappaport for more information.

brappaport@leahurstcollege.ca lbrown@leahurstcollege.ca



# HALLOWEEN

We had another hugely successful Halloween at Leahurst! A group of grade 10's dressed up as the faculty, the faculty dressed up as "famous Mikes" and













#### OCTOBER ISSUE | 2021











# Alumni

#### Michelle De Oliveira - Class of 2018

Dear Mrs. Turcke,

As I complete my first month of clinical rotations at UT Health, I have found myself reflecting and mystified by how I came to pursue medical physics. I am cognizant I am studying concepts that, before ninth grade, I would not have considered a possibility for myself. Although my inspiration to seek a graduate degree in medical physics cannot be pinned to a single moment, key inspiration precipitated from opportunities Leahurst presented me. These were not only monetary (though I am forever grateful for the teachers, donors, and gift-givers that made my attendance at Leahurst possible), but through the phenomenal staff, parents, and atmosphere of learning Leahurst provided.

Leahurst's motto, "Aeternum Excellere", was a perfect choice. It was and is the words of encouragement and advice from Leahurst Staff that challenged students to succeed. I recalled Leahurst's leadership class when preparing for SPIE in the spring and the phrases from English classes as I combed through every paper of my undergraduate career. I am constantly impressed by the impact and knowledge Leahurst was able to impart.

Thank you. I owe much (if not all) of my future career to the investment Leahurst and, consequently you, put into me. Let me know if there is any way I can practice my support to the school, faculty, or students. I am eager to see what amazing things Leahurst (and you!) accomplish in the years to come and am rooting for you and the school every moment in between.

Best regards,

Michelle de Oliveira

This was an email Ms. Turcke received from a former student.

It was so beautiful we had to share.





# VOLUNTEERS NEEDED for fundraising

We are looking for a few parents to help with fundraising for the **Leahurst Scholarship and Bursary Fund.** If you have the experience or the enthusiasm - we need you!

Please contact Ms. Eadie at feadie@leahurstcollege.ca



**PRODUCTS** 

ON-LINE SHOPPING

SHOP
NOVEMBER 14-DEC 14
AT
g2gkingston.ca



Local Pickup or Delivery

#### Gifts

Awesome Art
Jewellery Bath & Beauty
Textiles & Sewing Wood Works
African Crafts
Sandglass Creations

All proceeds to stephenlewisfoundation.org & helplesotho.org to support African Grandmothers and Grandchildren

#### Have something to add?

Email us and we will do our best to get it in the next newsletter. feadie@leahurstcollege.ca

# School Photos will be ready November 15th.

Collection Package(s) available:

\$60 ~ Package A, (1) 8x10, (2) 5x7, (8) wallets

\$60 ~ Package B, (4) 5x7, (8)
wallets

\$60 ~ Package C, (2) 8x10, (8) wallets

\$60 ~ Package D, (1) 11X14
\$60 ~ Digital Download (1) image
\$80 ~ Digital Download (all)
images

\$140 ~ Digital CD Family (2
 children all images)
\$205 ~ Digital CD Family (3
 children all images)

Additional items such as canvas prints and wall art are available with the purchase of a package.

Watch your inbox for more information on how to order.

### Hockey Helmet to be Donated

**NEW- NEVER BEEN WORN!** 

CCM FL40 S
size SM-25
black
HECC certification from 2018 is good until
October 2024
If you are interested please email

megfreer5@gmail.com

