HEAHURST REVIEW



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FIRST DAY OF SCHOOL





Welcome back to school, everyone! This is going to be an amazing year filled with new opportunities, exciting challenges, and countless moments of growth.

Whether you're returning to familiar halls or stepping into new classrooms for the first time, remember that each day is a chance to learn something new and make lasting memories. Embrace the journey ahead with enthusiasm and curiosity, and let's make this school year the best one yet! Here's to a fantastic year of discovery, friendship, and success!





CAMP OCONTO

Our annual trip to Camp Oconto was once again an unforgettable experience for all the Leahurst students! By the end of the camp, everyone left with wonderful memories and a sense of accomplishment, eagerly looking forward to next year's adventure.































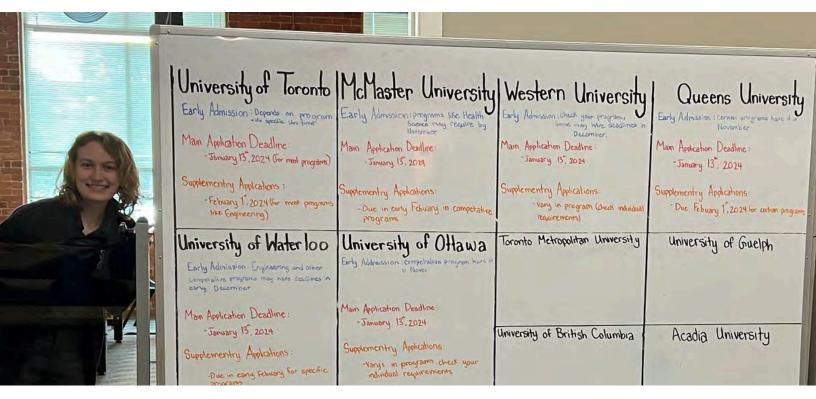
Izzy and Wyatt At The Ivy Business School





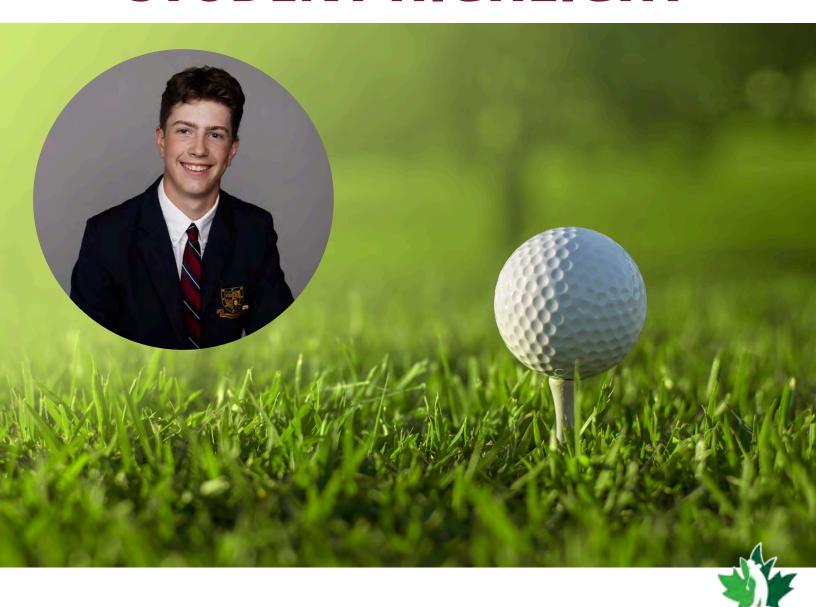


This past summer, Wyatt and Izzy traveled to London for a visit to the Ivey Business School at the University of Western Ontario. During their time there, they gained valuable insights into business leadership through the school's unique case study teaching method. They also had the opportunity to learn from professors about university admissions, resume building, and how to discover their passions while finding the right career path.



For the Class of 2025, university applications are on their mind! Thank you to Izzy for keeping our soon-to-be graduates on track

STUDENT HIGHLIGHT



Bode Stephen

GOLFONTARIO

Grade 11 student Bode has achieved an incredible milestone, being invited to try out for Golf Team Canada! This is a prestigious opportunity that recognizes his hard work, talent, and dedication to the sport of golf. Already a standout player on Team Ontario, Bode continues to impress with his exceptional skills on the course. His commitment to the game and passion for improvement have made him a formidable competitor. We are all extremely proud of his accomplishments and excited to see where this new opportunity takes him. Best of luck to Bode in his journey towards representing Canada!

SOCCER TOURNAMENT

A very big thank you to Ms. Murphy for organizing this amazing two-day soccer tournament! THANK YOU to all of our players, volunteer students, referees, faculty, and parents who assisted over the last two days. Despite landing in the busiest month, with the help of so many in the Leahurst community, it was a huge success!











ENRICHMENT DAY

Grade 11 and 12 students had the exciting opportunity to work with local sculptor Diane Black in a hands-on pottery workshop. Under her guidance, they learned the art of sculpting and pottery, creating their own truly unique pieces.









The Grade 9 & 10 students went on a on a puzzle-solving adventure at

Improbable Escapes

where they worked together to craft solutions and solve challenges using their creativity and teamwork skills.







HOUSE GAMES

Fall House Games are always a fun afternoon with all Houses evenly matched in friendly competition. Students enjoyed a series of exciting events under the bright, sunny sky, making for a perfect day of sportsmanship, teamwork, and fun.

Congratulations to FLOW House for winning the most points!





































LEAHURST ALUMNI





Saturday, October 12, 2024

10:30 am - 1:00 pm

This is a perfect opportunity to catch up with old friends, reminisce about good times, and strengthen relationships with fellow alums.

events@leahurstcollege.ca

Heartwarming emails from Alumni!

We just had to share!



Hello Ms.Turcke,

I hope you've had a great summer! I just moved into Residence and I wanted to express my gratitude towards Leahurst College and yourself. I am so thankful I was able to attend a school that provided me with the opportunity to achieve academic excellence, a close-knit community, and an enriching experience. Attached is a photo of my side of the room (Beware, I do look a little frazzled, but we have an AC unit so all is well).

I wish you all the best!! Emma Hi Ms. Turcke and Ms. Eadie,

I hope this email finds you well and that you have had a restful summer break. The three of us have settled into our new home for the next four years! We have been enjoying the many festivities that McMasters welcome week has to offer!

I have also included a photo of my Dutch grandparents in their proud Leahurst grandparent shirts!

I hope that your school year has a great start next week!

Best, Abigail







NEXT STEPS | RECAP Grades 6-8

If you did not get a chance to attend the NEXT STEPS, information evening, here is a simplistic outline of what was discussed.

Feel free to reach out to Ms. Turcke or any of the faculty if you have questions.









Maximize Potential Leadership | Competence | Confidence

- 1. Maximizing Potential
 - Leadership | Competence | Confidence
- 2. Why Enrichment is important for talented students
- 3. What Enrichment is vs. What it is NOT
- Whereas Grade 9 courses in Ontario are "destreamed", LEAHURST continues to provide enrichment through to Grade 12.

Math & Science 6-12



Grade 6	Junior Science II	Gr 6 & 7 Math	
Grade 7	Junior Science III	Gr 7 & 8 Math	
Grade 8	Gr 9 Science full, enriched course	Gr 9 Math full, enriched course	
Grade 9	Gr 10 Science	Gr 10 Math R	
Grade 10	Gr 11 Biology Gr 11 Chemistry	Gr 11 Math R	
Grade 11	Gr 11 Physics Gr 12 Biology	Gr 12 Functions R	More electives
Grade 12	Gr 12 Physics R Gr 12 Chemistry	Gr 12 Calculus R	UPA, more electives

The LEAHURST Advantage

Leahurst students who have reached ahead in Grade 9 Math and Science can go on to enjoy the many benefits of the LEAHURST Advantage in the Senior School.

increased engagement increased number of electives highly successful early university applications excellent uninversity scholarships applications reduced stress in Gr 11&12

NEXT STEPS | RECAP 9 & 10

If you did not get a chance to attend the NEXT STEPS, information evening for Grades 9 & 10, click here for the presentation.

If you have any questions or concerns please contact Ms. Turcke.





AN INVITATION TO A BREAST RECONSTRUCTION AWARENESS EVENING

SATURDAY, OCTOBER 5TH 2024 | 5 PM - 9 PM



BRA Day Kingston: Breast Reconstruction Awareness Day 2024

Join us at BRA Day Kingston 2024 to raise awareness about breast reconstruction options in a supportive and informative environment!

Fventhrite Oct 5

Click here to reserve your spot

Our amazing Leahurst Parent Ambassador, **Dr. Glykeria Martou**, will be speaking on

Breast Cancer Surgery and Quality of Life | ROSE Study.

You are invited to the Isabel Bader **Centre for the Performing Arts for** an empowering event, an evening dedicated to raising awareness about breast reconstruction options. Whether you are a survivor, previvor, or supporter, this event is for you! Connect with experts and others who have gone through similar experiences, hear inspiring stories, and learn about the latest advancements in breast reconstruction. Let's celebrate our strength and resilience together. Don't miss out on this informative and uplifting day!



Breast
Reconstruction
Awareness Day
closing the loop on breast cancer

Advanced Placement Exams



Advanced Placement (AP) exams are administered by the American College Board in the US for high school students. They may be recognized by Canadian institutions for advanced credit. If you are in Grades 10, 11 or 12, please reach out to **Ms. Murphy by October 15th** to confirm which exam(s) you would like to take.

Cross Country Training | Grades 6, 7 & 8

Tuesday, October 1

Thursday, October 3

Tuesday, October 8

Thursday, October 10

Tuesday, October 15

Wednesday, October 16 | Cross Country Meet

3:15 pm until 4 pm

Students can be picked up at the school or stay in study hall until 4:30 pm.

If you have signed up for the Cross Country Meet on the 16th, we encourage you to attend these training sessions.



Thank you to Michelle Smith for running these training sessions!

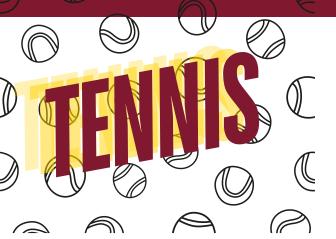
LEAHURST RUGBY SHIRTS CAN BE WORN FOR GYM CLASS







Leahurst rugby shirts can be found online in the Uniform Shop!



If you are interested in group tennis lessons at The Kingston Racquet Centre, please contact Ms. Eadie

We are aiming for for once a week to learn as a team and play other schools.

Days and times to be determined. feadie@leahurstcollege.ca

IMPORTANT DATES

INIPORIANI DAIES			
Saturday, October 5	Ontario University Fair Toronto		
Wednesday, October 9	School Photos Number One Uniforms		
Thursday, October 10	School Photos Number One Uniforms		
Friday, October 11	Leahurst Holiday No School		
Saturday, October 12	Alumni Brunch 10:30 am - 1:00 pm		
Monday, October 14	Thanksgiving No School		
Wednesday, October 16	Parent/Teacher Interviews 3:30 pm - 8:00 pm		
Friday, October 25	PD DAY No School Parent/Teacher Interviews 8am-4pm		
Tuesday, October 29	McMaster University visits Leahurst for Information Session		
Thursday, October 31	Halloween Student & Faculty Dress Up		
November 4 & 5	Financial Literacy		
Wednesday, November 6	Take Our Kids To Work Day		
Thursday, November 7	Prospective Families Information Evening		
Friday, November 8	PD Day No School Parent/Teacher Interviews		
Monday, November	Remembrance Day No School		

DID YOU KNOW

HIGH SCHOOL GRADUATIONS REQUIREMENTS

High school graduation requirements Learn what you need to earn your Ontario Secondary School Diploma (OSSD) and graduate high school.



High school graduation requirements

Learn what you need to earn your Ontario Secondary School Diploma (OSSD) and graduate...



ontario.ca

Click here to go to the website

DID YOU KNOW

Epipens Can Stay Potent For Years After They Expire" - Jacob Passy | Market Watch New York, NY | May 09, 2017

EpiPens had 90% of the stated amount of the medication up to 29 months after their expiration date, according to a study published Monday. "My bottom line is that I have to tell my patients to honor the expiration date," said Scott Sicherer, MD, division chief of pediatric allergy and immunology at Mount Sinai. But experts said that an expired EpiPen could still be used if someone has anaphylaxis. "If someone is having anaphylaxis and only has access to an expired device, I would tell them to go ahead and use it," Dr. Sicherer said. "Even if it is not full potency, it is better than nothing in an emergency."

- Scott Sicherer, MD, Professor, Pediatrics, Allergy and Immunology, Icahn School of Medicine at Mount Sinai, Chief, Division of Allergy and Immunology